

CMAP

Stage I – Mapping <ul style="list-style-type: none">• Pre-Orientation• Orientation• Assessment• Case Analysis	Discovery: Problem Recognition <ul style="list-style-type: none">• Review case file.• Introduce youth to the system.• Administer the assessment• Process case and map results.
Stage II – Finding the Hook <ul style="list-style-type: none">• Feedback• Prioritizing • Focus	Motivation <ul style="list-style-type: none">• Review results with youth.• Determine where to begin by identifying priority risk and protective factors.• Set goals, tasks and responsibilities.
Stage III – Moving Forward <ul style="list-style-type: none">• Intervention • Referrals	Commitment and Action <ul style="list-style-type: none">• Build incentives and review disincentives (barriers, obstacles, natural consequences) for change.• Refer to effective intervention programs. Provide advocacy and educate community agencies about the needs of youths.
Stage IV – Reviewing & Supporting <ul style="list-style-type: none">• Monitor progress• Update case plan• Reinforce small changes	Maintaining Change <ul style="list-style-type: none">• Identify successes and obstacles to change.• Modify case plan consistent with needs.• Reward “tiny” victories. Develop maintenance strategies.